



CCP: THE HEALTH PLAN WITH A HEART

## New name, more benefits

Now that we have changed our name from South Florida Community Care Network, we are excited to share a few new benefits. Below are just a some of the new things we have added for you.

Community Care Plan, the health plan with a heart, is now offering more benefits than before. Expanded benefits are services that CCP provides to you, on top of what Medicaid covers.

If you need extra assistance with food, after you are home from the hospital, we can help. CCP offers home delivery of **ten meals per year**. You may be eligible if you were in the hospital as an inpatient. Meaning, you were in the hospital for more than three days. The meals can be Kosher, low salt, diabetic or pureed. CCP provides one breakfast, and one dinner for five days. These meals cannot be split into different deliveries during the year. So, it is important to only ask for this help when you really need it. All meals are delivered at the same time. And remember, since they are frozen you will need a freezer with enough space to hold all ten meals.

Another benefit CCP is adding is **nutritional counseling**. For members 21 years of age or older, you can get up to six visits each year. A nutritional counselor can help you manage your chronic disease. They can build a nutrition plan just for you. A counselor can also include how to monitor and take your medications with your new plan. They can also help you to find ways to lower your stress.

Attention new or soon to be parents! If you are having a boy, it is important to know this benefit. CCP now covers **circumcision**, within the first 12 weeks after you give birth. You can bring your baby to the doctor for a circumcision at no charge. If you would like to learn more about these benefits, please call enrollee services at:

1-866-899-4828/TTY/TDD 1-800-424-0328.



**Pregnant women or women who are trying to become pregnant should take steps to avoid mosquito bites<sup>1</sup>.**

**Zika virus** is a disease that is carried and spread by mosquitos. The virus can also be passed from a pregnant mother to her baby. Infection during pregnancy can cause birth defects like microcephaly. Another way that Zika can spread is through sex. The CDC recommends that pregnant women and their sexual partners should consistently and correctly use condoms for the duration of the pregnancy. Other ways to prevent Zika spread are wearing long sleeved shirts and long pants, using insect repellent, staying in air-conditioned places with window and door screens. Mosquitos breed in water, so it is important to drain all standing water near your home weekly.

This information is available for free in other languages. Please contact our customer service number at 1-866-899-4828/TTY/TDD 1-800-424-0328 Monday through Friday from 8:00am to 7:00pm ET. Esta información está disponible gratis en otras lenguas. Por favor contacte a nuestro departamento de servicio al cliente al 1-866-554-2673 TTY/TDD 1-800-424-0328 de Lunes a Viernes desde las 8:00am a 7:00pm

Content source: <http://portal.flmmis.com> , <sup>1</sup><https://filhealth.gov/zika> & <http://cdc.gov>  
Always consult your physician before making any changes to your lifestyle or healthcare routine.

# Enrollee Newsletter

Volume 1, Issue 9

## September 2016

IN THIS ISSUE: EXPANDED BENEFITS, ZIKA

**CVS**  
pharmacy

minute clinic™



You can now go to **CVS Minute Clinics!**

Minute Clinics are walk-in clinics found inside of most CVS stores for non-life threatening services. No appointment is needed.

The staff at the Minute Clinic can:

- ♥ Diagnose, treat, and write prescriptions
- ♥ Treat strep throat, bladder infections, pink eye, nausea, vomiting, and diarrhea
- ♥ Treat minor wounds, cuts, strains and sprains
- ♥ Treat skin conditions poison ivy, ringworm, lice, and acne
- ♥ Do routine lab tests for diabetes, high cholesterol, and high blood pressure
- ♥ Provide vaccinations (shots)
- ♥ Perform sports and camp physicals

**\* Services are for adults and children 18 months or older**



**Even if this is your 2<sup>nd</sup> or 3<sup>rd</sup> pregnancy, prenatal care is very important.**

If you are or think you may be pregnant, CCP has someone to help you.

Please call **1-866-899-4828** to let us know you are pregnant.