

## Get Rewards for Taking Care of Yourself and Your Family!

You can get rewards from Community Care Plan if you take steps to stay well! Earn gift cards for getting exams and tests that will help you and your family stay healthy:

HEALTHY HABIT	MEMBER	DESCRIPTION	REWARD
Health Risk Assessment  and  MyChart registration	All Members	Complete CCP's Health Risk Assessment within 45 days of enrollment effective date (listed on the member ID card) or CCP's request date*  An additional \$5 reward will be given if a member or parent/guardian registers for a MyChart account, CCP's member portal, within 15 days of completing the HRA*.	\$15  or  \$20
Prenatal and Post-Partum Exams	Pregnancy	Complete prenatal (first trimester or first three months) exam and post-partum exams with your obstetrician between three (3) and seven (7) weeks after your baby is born	\$50
Well-Child Exam: 15 months	Children	Complete seven (7) well-child exams by a doctor for your child in the first 15 months of life	\$50
Well-Child Exam: Age 2 - 11		Complete one (1) annual well-child exam by a doctor for your child (age 2 – 11)	\$10
Well-Child Exam: Age 12 – 19		Complete one (1) annual well-child exam by a doctor for your child (age 12 - 19)	\$20
Annual Exam: Adult	Adults	Complete one (1) annual physical exam by your doctor	\$20
Behavioral Health Follow-Up	<ul style="list-style-type: none"> <li>• Children ages 6+</li> <li>• Adolescents</li> <li>• Adults</li> </ul>	Complete one (1) follow-up visit with a behavioral health provider within seven (7) days after a hospital discharge for a behavioral health diagnosis*	\$25
Diabetes Monitoring	Any Member with a Diabetes Diagnosis	Complete an annual diabetic monitoring including a: <ul style="list-style-type: none"> <li>• Special blood test for sugar level (A1c),</li> <li>• Urine test (eGFR and urine albumin-creatinine ratio), &amp;</li> <li>• Dilated eye exam</li> </ul>	\$30
Obesity Management Program	<ul style="list-style-type: none"> <li>• Children</li> <li>• Adolescents</li> <li>• Adults</li> </ul>	Complete a six (6) month Obesity Management program, including: <ul style="list-style-type: none"> <li>• Two (2) PCP visits, &amp;</li> <li>• Three (3) visits with a Registered Dietician in combination with Care Management</li> </ul>	\$50



Substance-Use Disorder Program	<ul style="list-style-type: none"> <li>• Children</li> <li>• Adolescents</li> <li>• Adults</li> </ul>	Complete a Substance-Use Disorder program including: <ul style="list-style-type: none"> <li>• An initial psychiatric assessment</li> <li>• Two total follow-up visits               <ul style="list-style-type: none"> <li>○ One (1) follow-up visit within 30 days, &amp;</li> <li>○ One (1) follow-up visit within 90 days</li> </ul> </li> </ul>	\$50
Tobacco Cessation Program	<ul style="list-style-type: none"> <li>• Children</li> <li>• Adolescents</li> <li>• Adults</li> </ul>	Complete a tobacco cessation program with proof of completion from the AHEC Tobacco Cessation Counselor/Instructor	\$50

*\*Members do not need to ask for this reward. The reward will be given as soon as we get proof of completion, or the provider claim for the visit.*

After you complete a Healthy Habit from the list above (except Health Risk Assessment, MyChart registration, or Behavioral Health Follow-Up), please:

Call 1-866-899-4828

or

Email [CCPreward@CCPCares.org](mailto:CCPreward@CCPCares.org)

- Make sure to give us the:
  - Member's name,
  - Member's ID,
  - Member's cell phone number,
  - What Healthy Habit completed, and
  - Date that the Healthy Habit was completed

After we receive your request, HRA, or provider claim for the Healthy Habit, we will send you a text SMS message with how to redeem your gift card.

*Please note that:*

- *You must be a CCP member when the Healthy Habit was completed.*
- *You have six (6) months from the time the Healthy Habit is completed to let us know and get the reward. If you leave our plan for more than 180 days, you may not receive your reward.*
- *Rewards cannot be transferred.*
- *Rewards may not be used for gambling, alcohol, tobacco, or drugs (except for over-the-counter drugs).*

Need help? We are here to help YOU! Call Member Services at 1-866-899-4828 for help to:

- Change or find a doctor or OB/GYN
- Get rides to and from appointments
- Answer any other questions

Be sure to make your appointments and complete your exams and tests!



"This information is available for free in other languages. Please contact our member service department at 1-866-899-4828 TTY / TDD 1-855-655-5303 Monday through Friday from 8:00 am to 7:00 pm EST."

"Esta información está disponible gratis en otros idiomas. Por favor contacte a nuestro departamento de servicio al miembro al 1-866-899-4828 TTY/TDD 1-855-655-5303 de Lunes a Viernes desde las 8:00am a 7:00pm EST."

"Enfòmasyon sa a disponib nan lòt lang yo. Tanpri kontakte depatman sèvis manm nou an nan 1-866-899-4828 TTY / TDD 1-855-655-5303 Lendi jiska Vandredi de 8:00 am a 7:00 pm EST."