

# Employee Assistance Program (EAP)

**CCP offers an Employee Assistance Program (EAP) to you and your dependents at NO COST**

- The EAP is:
  - Confidential
  - Available 24 hours per day, 7 days per week, 365 days per year
- Professional counselors are willing to assist employees with various issues, including:

Marital/relationship issues	Work related problems
Alcohol and substance abuse	Depression
Anxiety	Bereavement and loss
Legal/financial difficulties	Life changes
Parenting concerns	Stress
Addictions	Domestic abuse

**EAP**  
**(800) 899-3926**

- The EAP provides an initial assessment and short-term counseling of up to six (6) sessions per issue, per year to employees and their family members